

WINTER/SPRING 2012

HOME SCHOOL ART & PHYSICAL EDUCATION SCHEDULES

You **MUST** REGISTER FOR THESE CLASSES (WWW.IFOOTHILLS.ORG).



CLASSES ARE LOCATED AT VARIOUS DISTRICT LOCATIONS AS SHOWN BELOW.

INFORMATION – 303-409-2355 OR kennethw@fhprd.org

CLASS	AGES	ACT #	SESSIONS	DAY	TIME	LOC	RATE	DESCRIPTION
Home School Athletics	5 – 15	4660	SESS 1: JAN 11 – FEB 15	WED	10 – 11 a.m.	Ridge Recreation Center	\$61 (D: \$47)	Introductory class to teach a variety of sports and to develop skill sets including: Volleyball, Basketball, Baseball, Soccer, Flag Football and Raquetball. CONTACT: 303-409-2613
			SESS 2: FEB 29 – APR 11* *No class MAR 28			Ridge Recreation Center		
			SESS 3: APR 18 – MAY 23			Foothills Sports Arena		
Home School Gymnastics	5 – 15	4643	SESS 1: JAN 9 – FEB 13	MON	11:15 a.m. - 12:15 p.m.	Lilley Gulch Recreation Center	\$63 (D: \$49)	Introductory class to encourage skill development, coordination & strength. Boys & Girls learn basics in a structured environment. CONTACT: 303-409-2506
			SESS 2: FEB 27 – APR 9* *No class MAR 26					
			SESS 3: APR 16 – MAY 21					
Learn to Climb	6 – 15	4939	SESS 1: JAN 11 – FEB 1	WED	11 a.m. – Noon	Climbing Wall at Ridge Recreation Center	\$48 (D: \$36)	Learn the essential skills and techniques needed to begin rock climbing in this 5-week class. Our trained staff will provide instruction and guidance in a safe and comfortable environment. Wear loose clothing that will not restrict movement. CLOSED TOE SHOES ONLY ON THE WALL. HARNESS & BELAY/SAFETY EQUIPMENT WILL BE SUPPLIED. CONTACT: 303-409-2333
			SESS 2: FEB 15 – MAR 7					
			SESS 3: APR 4 – 25					
			SESS 4: MAY 2 – 23					
Home School Clay Time	5 – 12	4350	SESS 1: JAN 17 – FEB 7	TUE	11 a.m. - Noon	Ridge Recreation Center	\$46 (D: \$35)	Students learn how to build and create three dimensional sculpture using clay. Dress for mess! Class is designed to be taken a number of times. CONTACT: 303-409-2612
			SESS 2: FEB 28 – MAR 20					
			SESS 3: APR 10 – MAY 1					
Swimming Lessons	5 – 14	3276	SESS 4: JAN 10 – FEB 7	TUE	10 a.m. OR 10:30 a.m.	Ridge Recreation Center	\$30 (D: \$24)	These 30-minute classes are designed especially for home school students with various skill levels. CONTACT: 303-409-2355
			SESS 5: FEB 14 – MAR 13	TUE				
			SESS 6: APR 3 – MAY 1	TUE				

Learn to Skate (Snowplow Sam 1 – 3)	3 – 5	7086	SESS 1: JAN 11 – FEB 15	WED	11:15 - 11:45 a.m.	Edge Ice Arena	\$87 (D: \$70)	Classes are designed for Pre-School age children to develop preliminary coordination and strength necessary to move on skates. Includes rental skates and 6 free practice sessions.
			SESS 2: FEB 22 – APR 4* *No class MAR 26-31					
			SESS 3: APR 11 – MAY 16					
Learn to Skate (Basic 1 – 4)	6 – 16	7087	SESS 1: JAN 11 – FEB 15	WED	11:15 - 11:45 a.m.	Edge Ice Arena	\$87 (D: \$70)	Classes teach the fundamentals of the sport. The first four levels teach forward and backward skating, turns, stops and balance maneuvers. Includes rental skates and 6 free practice sessions.
			SESS 2: FEB 22 – APR 4* *No class MAR 26-31					
			SESS 3: APR 11 – MAY 16					

Learn to Skate for Hockey (Hockey 1 – 4)	6 – 16	7088	SESS 1: JAN 11 – FEB 15	WED	11:15 - 11:45 a.m.	Edge Ice Arena	\$87 (D: \$70)	Classes teach the fundamentals of hockey skating. The four levels focus on skating techniques rather than stick and puck skills. Includes rental skates and 6 free practice sessions.
			SESS 2: FEB 22 – APR 4* *No class MAR 26-31					
			SESS 3: APR 11 – MAY 16					

Kids in the Kitchen*	3 – 6	4412	SESS 1: JAN 23 – FEB 13	MON	10:30 a.m. – Noon	Ridge Recreation Center	\$55 (D: \$45)	Kids learn about foods, nutrition, manners and cooking skills in this hands-on class in our kitchen classroom. CONTACT: 303-409-2507
			SESS 2: FEB 27 – MAR 19					
			SESS 3: APR 9 – 30					
Adventures in Sports*	3 – 6	4415	SESS 1: JAN 23 – FEB 13	MON	9 – 10:15 a.m.	Ridge Recreation Center	\$52 (D: \$40)	This fun, active class provides a place to explore sports and games and focuses on teamwork and sportsmanship. Children learn about basic fitness as they develop skills in different areas. CONTACT: 303-409-2507
			SESS 2: FEB 27 – MAR 19					
			SESS 3: APR 9 – 30					