

ICE ARENA EDGE HOCKEY LEAGUES – ADULT/YOUTH

HOCKEY LEAGUES AT EDGE ICE ARENA

Edge Ice Arena offers a variety of adult and youth hockey programs for skaters of all ages and abilities. All players **MUST** be registered with USA Hockey Association and proof of registration must be provided. Non-USA Hockey players can register at www.usahockey.com.

For more information on leagues please call 303-409-2211, or visit www.ifoohills.org.

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EDGE ADULT HOCKEY LEAGUES (EAHL)

Edge Adult Hockey League consists of five skill level divisions and each division plays on a designated night as follows:

EDGE ELITE HOCKEY LEAGUE (Advanced) plays on WED nights

This league is designed for advanced level players with Junior A, B, C, Non-Varsity College (ACHA), Midget Major, Prep or Varsity High School playing experience. Teams may be comparable to traditional high "B" or low "A" level adult league teams.

C-NORTH LEAGUE (Intermediate) plays on TUE nights

Teams are comprised of experienced adult players with intermediate level skills. Some players may have high school, competitive midget or Junior C playing experience.

C-SOUTH LEAGUE (Lower Intermediate) plays on MON nights

Teams are comprised of less experienced adult players. A few players may have up to high school playing experience, but most of the players have limited youth playing experience or several years playing as an adult.

D LEAGUE (Beginner) plays on SUN nights

Teams are entirely comprised of entry level adult players. Although a small number of players may have 5 or more years of beginner adult experience, the majority of the team consists of adult players with 1-5 years of entry level playing experience.

OVER 40 (SOCIAL LEAGUE) plays on THU nights

All participants must be over 40 years of age. Players sign up as individuals and are then drafted onto teams. This social league is based on the criteria of age and not skill.

WINTER SEASON: 22 Games guaranteed
includes double elimination play-offs

SUMMER SEASON: 12 Games guaranteed
includes single elimination play-offs

Fee: Contact Jesse Badder at 303-409-2211 or email jesseb@fhprd.org.

ATTENTION FREE AGENTS!

We help adults find a Sports Team to join!
Call 303-409-2211 TODAY!



ANNUAL GOBBLER CLASSIC

**ADULT HOCKEY TOURNAMENT
NOV 25 – 27 (THANKSGIVING WEEKEND)**

- 3 GAMES GUARANTEED
- 3 DIVISIONS (GOLD, SILVER, BRONZE)
- FEE: \$600/TEAM

**CONTACT: JESSE BADDER AT 303-409-2211
OR jesseb@fhprd.org**

YOUTH HOCKEY LEAGUES

SPRING MIDDLE SCHOOL HOCKEY LEAGUE

Spring Middle School Hockey League is designed for 6th, 7th and 8th grade students attending Deer Creek, Ken Caryl, Falcon Bluffs, and Summit Ridge (students currently enrolled in 6th grade may register for this league). Teams from other schools may be added. Registration deadline is Mid-MAR. Registration forms are available at www.ifoohills.org or at Edge Ice Arena. Coaches interested in coaching a team or for more information, please contact Jesse Badder at 303-409-2211.

► 8-GAME SEASON: APR – MAY (will include playoffs)
Fee: \$235 per player (jersey included)

SUMMER HIGH SCHOOL HOCKEY LEAGUE

Summer High School Hockey Leagues offer opportunities for incoming freshmen through seniors. Games include 75-minute game slots, two 20-minute run periods and one 15-minute stop period. Full equipment is required. All non-USA Hockey players can register at www.usahockey.com. Registration forms are available at www.ifoohills.org or at Edge Ice Arena. Coaches interested in coaching a team or for more information, please contact Jesse Badder at 303-409-2211.

► 8-GAME SEASON: JUN – AUG (will include playoffs)
Fee: \$235 per player (jersey included)

ICE ARENA EDGE HOCKEY ACADEMY – YOUTH/TEEN/ADULT

EDGE HOCKEY ACADEMY (FORMERLY LEARN-TO-PLAY HOCKEY) – AGES 5 & UP

These classes are designed to introduce basic hockey skills to your new hockey player in a fun and safe environment. Our professional staff will teach skills including: forward and backward skating, stick handling, shooting and passing. Each class will consist of 45 minutes of skills and drills followed by 30 minutes of games and scrimmages.

YOUTH HOCKEY CLASSES

HOCKEY 101

Ages 5-8

This class focuses on hockey fundamentals including proper balance, preparation for forward striding and hockey stops with 45 minutes of skills followed by a 30-minute cross-ice scrimmage. Full gear is required. Jersey is included.

Fee: \$125 (District Rate: \$100) 6 weeks

HOCKEY 102

Ages 9-10

This class is intended for children with limited experience on the ice and will cover basic skills of skating, stick handling and passing with 45 minutes of skills followed by a 30-minute cross-ice scrimmage. Full gear is required. Jersey is included.

Fee: \$125 (District Rate: \$100) 6 weeks



TEEN HOCKEY CLASSES

HOCKEY 103

Ages 11 - 15

This class is designed for older beginners and will cover basic skills and more advanced in-depth instruction with 45 minutes of skills followed by a 30-minute cross-ice scrimmage. Full gear is required. Jersey is included.

Fee: \$125 (District Rate: \$100) 6 weeks

HOCKEY 104

Ages 16 & up

Skills taught in this class include passing, power skating, puck handling, shooting and team tactics with 45 minutes of skills followed by a 30-minute cross-ice scrimmage. Full gear is required. Jersey is included.

Fee: \$125 (District Rate: \$100) 6 weeks

ADULT HOCKEY CLASSES

ADULT HOCKEY 201

Ages 18 & up

This structured class includes power skating, passing, puck handling, shooting and team tactics and can be helpful with your hockey league skills. Participants MUST have basic skating skills. Every class will be followed by a scrimmage. Full gear is required. Jersey is included.

Fee: \$125 (District Rate: \$100) 6 weeks

ICE ARENA

YOUTH HOCKEY ASSOCIATIONS

COLORADO SELECT GIRLS HOCKEY ASSOCIATION (CSGHA)

Colorado Select Girls Hockey offers teams from beginners through elite players and manage the girls hockey program at Edge Ice Arena – the first girls' hockey association in the State of Colorado for all ages and levels! For details, visit www.coloradogirlshockey.com, or call 303-409-2217. CSGHA leases and maintains office space at the Edge Ice Arena.

BOYS AND GIRLS' YOUTH HOCKEY-FOOTHILLS HOCKEY ASSOCIATION (FHA)

Edge Ice Arena is the home rink for the Foothills Hockey Association (FHA). This organization is comprised of volunteers in the southwest Denver metro area and is a member of CCYHL under the CAHA association. For more information, call 303-409-2226, or visit www.foothillshockey.org. FHA leases and maintains office space at the Edge Ice Arena.

EDGE ICE ARENA BIRTHDAY PARTIES

• AGES 3+

Have a blast skating in our Ice Arena! You will skate during the public session (skate rental is included), and then you will head to a party room for cake, ice cream, and punch (paper products are provided). Reservations must be made in person a minimum of 10 days in advance of the party. Pizza, hot dogs, and drinks are available at an extra cost. No outside food may be brought into the arena. **\$50 DEPOSIT IS REQUIRED.**

1-10 people	\$145
11-15 people	\$160
16-20 people	\$175
21-25 people	\$190
25+	Add \$3.25 per person



U.S. FIGURE SKATING BASIC SKILLS PROGRAM – AGES 3 & UP

This U.S. Figure Skating Basic Skills Program is a beginning ice skating program that will enable skaters of all ages and abilities to learn the FUNdamentals of the sport. Please check our website at www.ifoohills.org for Class Schedules.

CLASS	FOCUS
SNOW PLOW SAM (Ages 3 – 5) • Helmet & Gloves Recommended	The Snowplow Sam levels are designed to help preschool age skaters develop preliminary coordination and strength maneuvers on the ice.
BASIC 1 – 8 (Ages 6 – 16) • Helmet & Gloves Recommended	The 8 Basic Skills levels teach the fundamentals of the sport and introduce the basic moves: forward & backward skating, stops, edges, crossovers, turns and mohawks. Each level has a pre-requisite of the previous level.
FREE SKATE 1 – 6 (Ages 6 & UP)	Free Skate level is divided into four sections: Moves in the Field, Spins, Dance/Footwork Sequence and Jumps. Each level has a pre-requisite of the previous level.
ADULT 1 – 4 (Ages 16 & UP)	The Adult curriculum is designed for the beginner adult skater. It will promote physical fitness and improve balance and coordination while teaching proper skating technique. Each level has a pre-requisite of the previous level. After Adult 4, adults may sign up for the FREE SKATE levels.
SYNCHRONIZED SKATING 1 – 2 (Ages 6 & UP)	The Synchronized skating levels are a fun introduction to the five basic elements in synchronized skating. Each level has a pre-requisite of the previous level.
SPEED 1 – 2 (Ages 6 & UP)	The speed skating track for the Basic Skills Program introduces beginning speed skating techniques that include basic positions, edges, turns, starts and speed development after learning the basic skating fundamentals in Basic 1 – 4.

EDGE ICE ARENA FIGURE SKATING CLINICS

The Figure Skating Clinics offer Freestyle and ON-ICE classes in:

**ICE DANCING • JUMPS • MOVES IN THE FIELD • TURNS • SPINS
THEATER ON ICE • POWER STROKING**

OFF-ICE classes include:

JUMPING • STRETCH & STRENGTH • YOGA • BALLET

For more information, please call 303-409-2232.

Exciting Happenings at Edge Ice Arena Make us Number One!

- A Photovoltaic (PV) Solar Array became operational in February 2011. The PV system, located on top of the west rink roof, is capable of generating 100kW of energy to help offset our daily consumption.
- Water conserving fixtures were installed to include infrared operators on toilets and sinks throughout the building.
- New energy efficient fluorescent fixtures were installed on both rinks providing brighter and more even illumination for our users.
- Two, new clean energy electric Zamboni's were delivered to the Edge in June 2011. Electric Zamboni's do not emit the carbon monoxide fossil fuel Zamboni's do.
- Staff took down the west rink in May 2011, painting a bright white background with new lines, logos and creases.
- The Foothills Board of Directors gave staff approval to seek a liquor license enabling us to expand our food and beverage service. Look for our opening later this fall!

LOOKING FOR CLASS SCHEDULES?

Please pick them up at our facilities, or visit www.ifoohills.org.

EDGE ICE ARENA OFFERS PRIVATE LESSONS

Head Figure Skating Coach: 303-409-2232

- ▶ Private instruction is available from the staff at the arena and is conducted during ice times that are specifically designated for individual figure skating practice or instruction.
- ▶ Private lessons are generally offered in 15, 20 or 30 minute segments. The exact schedule is worked out between the student, parent, and instructor.
 - Skaters must pay for ice time BEFORE their lesson.
 - Instructors must pay their instructor fee BEFORE their scheduled lesson.

FREESTYLE PUNCH CARD

**PICK UP A 23-VISIT SKATE PASS
FOR ONLY \$160!**

**FOR MORE INFORMATION,
PLEASE CALL**

303-409-2222

OR VISIT WWW.IFOOTHILLS.ORG.