



QUICK REFERENCE GUIDE

Facility & Pool Hours • Admission & Fees **SEP 5, 2011 – MAY 28, 2012**
(Labor Day – Memorial Day)

PRICES, SCHEDULES AND AVAILABILITY ARE SUBJECT TO CHANGE WITHOUT NOTICE.

DAILY ADMISSION & DROP-IN FEES

The fees below are not applicable to Golf, the Edge Ice Arena, Drop-In Gymnastics or registration for programs and classes.

	FEE	DISTRICT RATE
INFANTS (not yet walking)	FREE	FREE
YOUTH (up to Age 17)	\$5.25	\$3.75
ADULTS (Ages 18-61)	\$7.25	\$5.25
SENIOR ADULTS (62 & up)	\$6.25	\$4.50
HOUSEHOLD*	\$21.00	\$13.50

(*Household: Individuals residing year-round in the same household and come together to recreate at discount prices.)

GROUP RATES – PLEASE CALL:

LILLEY GULCH RECREATION CENTER • 303-409-2500

RIDGE RECREATION CENTER • 303-409-2333

**RESIDENTS AGES 9 & UP
MUST PRESENT DISTRICT ID CARD
TO RECEIVE REDUCED RATES!**

EDGE ICE ARENA

6623 S. Ward Street • Littleton, CO 80127 • 303-409-2222

CENTER HOURS: Call or go to www.ifoohills.org

AMENITIES:

- 2 NHL Size Ice Rinks
- Hockey Leagues
- Pro Shop
- Skate Sharpening
- Private Rentals
- Full Service Concession Stand & Catering
- Public Skate/Figure Skate
- Learn to Skate Programs
- Private Instruction
- Birthday Party/Meeting Rooms

FOOTHILLS SPORTS ARENA

3608 S. Kipling Parkway • Denver • 303-409-2444

CENTER HOURS: Call or go to www.ifoohills.org

AMENITIES:

- 100yd X 60yd Full-sized Indoor Athletic Field Rental
- 60yd X 40yd Half-Field Sized Rental
- New Generation Synthetic Turf
- Host Adult & Youth Practices, Games, Tournaments
- Host Sport Camps & Clinics
- Indoor Golf Driving Range (Late Fall & Winter)

PEAK COMMUNITY & WELLNESS CENTER

6612 S. Ward Street • Littleton, CO 80127 • 303-409-2200

CENTER HOURS: Labor Day 2011 – Memorial Day 2012

MON – THU	5:30am – 10:00pm
FRI	5:30am – 9:00pm
SAT	8:00am – 4:00pm
SUN	9:00am – 4:00pm

AMENITIES:

- Cardio/Weight Room
- Massage Services
- Pro Shop
- Fitness Testing
- Aerobics/Dance Studio
- Banquet Packages
- Banquet Rooms
- Hardwood Floors
- Full Caterer's Kitchen
- Outdoor Patio
- Physical Therapy
- Personal Trainers
- Variety of Classes



Drop-In



at Peak Community & Wellness Center
for Ages
6 months – 8 years

Drop-in child care is available while parents use any facility option at the Peak Community & Wellness Center, Ridge Recreation Center or Edge Ice Arena ONLY – subject to space availability.

MON – SAT: 8:30 a.m. – NOON

ALSO AVAILABLE: MON & THU: 5:15 – 8:30 p.m.

TUE & WED: 5:15 – 8:00 p.m.

CALL 303-409-2100

OR ASK A FRONT DESK STAFF MEMBER.

HOLIDAY SCHEDULE



THANKSGIVING

THU, NOV 24 • FRI, NOV 25

LOCATION OPEN/CLOSED

PEAK COMMUNITY & WELLNESS CENTER	CLOSED THU & FRI
LILLEY GULCH RECREATION CENTER	CLOSED THU & FRI
RIDGE RECREATION CENTER	OPEN THU 5:30AM-1PM / OPEN FRI
EDGE ICE ARENA	CLOSED THU / OPEN FRI



CHRISTMAS EVE & DAY

SAT, DEC 24 • SUN, DEC 25

LOCATION OPEN/CLOSED

PEAK COMMUNITY & WELLNESS CENTER	CLOSED SAT & SUN
LILLEY GULCH RECREATION CENTER	CLOSED SAT & SUN
RIDGE RECREATION CENTER	OPEN SAT 7AM-5PM / CLOSED SUN
EDGE ICE ARENA	OPEN SAT / CLOSED SUN



NEW YEAR'S EVE & DAY

SAT, DEC 31 • SUN, JAN 1

LOCATION OPEN/CLOSED

PEAK COMMUNITY & WELLNESS CENTER	CLOSED SAT & SUN
LILLEY GULCH RECREATION CENTER	CLOSED SAT & SUN
RIDGE RECREATION CENTER	OPEN SAT 7AM-5PM / CLOSED SUN
EDGE ICE ARENA	OPEN SAT / CLOSED SUN



EASTER

SUN, APR 8, 2012

LOCATION OPEN/CLOSED

PEAK COMMUNITY & WELLNESS CENTER	CLOSED SUN
LILLEY GULCH RECREATION CENTER	CLOSED SUN
RIDGE RECREATION CENTER	CLOSED SUN
EDGE ICE ARENA	CLOSED SUN



MEMORIAL DAY

MON, MAY 28, 2012

LOCATION OPEN/CLOSED

PEAK COMMUNITY & WELLNESS CENTER	CLOSED MON
LILLEY GULCH RECREATION CENTER	CLOSED MON
RIDGE RECREATION CENTER	OPEN MON 7AM-5PM
EDGE ICE ARENA	CLOSED MON

RIDGE RECREATION CENTER

6613 S. Ward Street • Littleton, CO 80127 • 303-409-2333

CENTER HOURS: Labor Day 2011 – Memorial Day 2012

MON-FRI 5:30am – 10:00pm
 SAT 7:00am – 6:00pm
 SUN 9:00am – 6:00pm



AMENITIES:

- Lap Pool
- Gymnasium & Track
- Leisure Pool
- Therapy Pool
- Multi-Purpose Rooms
- Racquetball Courts
- Dance/Aerobics Studio
- Cardio/Weight Room
- Clay Arts Studio
- Pro Shop
- Climbing Wall
- Variety of Classes

RIDGE POOL SCHEDULE • AUG 29, 2011 – MAY 25, 2012

ACT	SUN	MON	TUE	WED	THU	FRI	SAT
LAP POOL – Ages 18 & up							
ADULT LAP SWIM	Noon-5:30pm	5:30am-3:00pm 7:00-9:00pm	5:30am-3:00pm 7:00-8:00pm	5:30am-3:00pm 7:00-9:00pm	5:30am-3:00pm 7:00-8:00p	5:30am-3:00pm 7:00-9:00pm	9:00am-5:30pm
DIVING BOARDS	1:00-5:30pm	11:30am-3:00pm 8:00-9:00pm	10:30am-3:00pm 7:30-9:00pm	11:30am-3:00pm 8:00-9:00pm	10:30am-3:00pm 7:30-9:00pm	10:30-3:00pm 4:30-9:00pm	1:00-5:30pm
WATER WALKING			10:30am-12:30pm		10:30am-12:30pm	10:30am-12:30pm	
FITNESS		8:35-9:30am ¹	8:35-9:30am ¹ 7:05-8:00pm ¹	8:35-9:30am ¹	8:35-9:30am ¹ 7:05-8:00pm ¹		
ACTIVITY POOL							
WATER WALKING		7:00-10:30am	7:00-10:30am	7:00-10:30am	7:00-10:30am	7:00-10:30am	
OPEN SWIM*	10:00am-5:30pm	10:30am-9:00pm*	10:30am-9:00pm*	10:30am-9:00pm*	10:30am-9:00pm*	10:30am-9:00pm	Noon-5:30pm
THERAPY POOL							
OPEN THERAPY/ WATER WALKING	11:00am-5:30pm	8:00-10:30am 11:30am-1:00pm 2:00-5:15pm 5:45-9:00pm	8:00-10:00am 11:00am-5:15pm 5:45-9:00pm	8:00-10:30am 11:30am-1:00pm 2:00-5:15pm 7:00-9:00pm	8:00-10:00am 11:00am-5:15pm 5:45-9:00pm	8:00-10:00am 11:00am-1:00pm 2:00-9:00pm	11:00am-5:30pm
FITNESS		1:00-2:00pm ²	10:00-11:00am ³	1:00-2:00pm ² 10:30-11:30am ³ 6:00-7:00pm ³	10:00-11:00am ³	10:00-11:00am ⁴ 1:00-2:00pm ²	
FITNESS CLASSES: ¹ Splash Aerobics ² Moving for Life ³ Poolates ⁴ Arthritis Aquatics * Water features will be turned off MON – THU from 4:30-6:30pm during lessons. Schedule & fees are subject to change without notice. ALL AREAS OF POOL NOT AVAILABLE FOR EACH ACTIVITY. For lesson information, please see front desk staff or visit www.ifoohills.org .							
NOTES:							
– Children ages 5 and under MUST be accompanied in the water by an adult (age 18 or older) and remain within arm's reach at all times. – Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							

RIDGE RECREATION CENTER OPEN GYM SCHEDULE (SCHEDULE SUBJECT TO CHANGE)

MON	5:30-11:30am (Open Basketball) / 11:30am-1:00pm (Lunchtime Adult Pick-Up Basketball) / 1:00-6:00pm (Open Basketball)		
TUE & FRI*	5:30-8:30am (Open Basketball) / 11:30am-1:00pm (Lunchtime Adult Pick-Up Basketball) / 1:00-10:00pm (Open Basketball)		
WED & THU*	5:30-11:30am (Open Basketball) / 11:30am-1:00pm (Lunchtime Adult Pick-Up Basketball) / 1:00-10:00pm (Open Basketball)		
PICKLEBALL – NEW!			
TUE	8:30-11:00am	DROP-IN FEE: \$6.25 (District Rate: \$4.50)	12 Multi-Visit Card: \$60 (District Rate: \$45)
FRI	8:30-11:00am		24 Multi-Visit Card: \$109 (District Rate: \$84)
Call 303-409-2333 for more information.			

LILLEY GULCH RECREATION CENTER

6147 S. Holland Way • Littleton, CO 80123 • 303-409-2500

CENTER HOURS: Labor Day 2011 – Memorial Day 2012

MON-FRI 5:30am – 10:00pm
 SAT 7:30am – 6:00pm
 SUN 9:00am – 6:00pm

AMENITIES:

- Gymnastics Center
- Multi-Purpose Rooms
- Swimming Pool
- Pro Shop
- Racquetball Courts
- Gymnasium
- Cardio/Weight Room
- Variety of Classes

LILLEY GULCH POOL SCHEDULE • SEP 6, 2011 – JUNE 1, 2012

ACT	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM (Ages 18 & up)	Noon-1:00pm	6:00-8:30am 10:30am-1:00pm 6:00-7:00pm	11:30am-1:00pm 4:00-5:30pm 7:30-8:30pm	6:00-8:30am 10:30am-1:00pm 6:00-7:00pm	11:30am-1:00pm 4:00-5:30pm 7:30-8:30pm	6:00-8:30am 10:30am-1:00pm 6:30-8:00pm	Noon-1:00pm
OPEN SWIM	1:00-3:00pm					6:30-8:00pm	1:00-3:00pm
WATER WALKING	10:30am-Noon						
PARENT/CHILD OPEN SWIM (2½ water ONLY)		11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	11:30am-1:00pm	
FITNESS		8:35-9:30am ¹ 1:05-2:00pm ²	1:05-2:00pm ³	8:35-9:30am ¹ 1:05-2:00pm ²		8:35-9:30am ¹ 1:05-2:00pm ²	
FITNESS CLASSES: ¹ Splash ² Deep Water ³ Arthritis Aquatics • 2½ foot section available to parents with children ages 5 and under. Parents MUST accompany child into water. Schedule subject to change without notice. ALL AREAS OF POOL NOT AVAILABLE FOR EACH ACTIVITY. For lesson information, please see front desk staff, or visit www.ifoohills.org .							

OPEN GYM SCHEDULE (SUBJECT TO CHANGE)

MON – FRI	5:30-9:00am & 11:30am-4:00pm OPEN BASKETBALL
TUE	6:30-10:00pm OPEN VOLLEYBALL

Call 303-409-2500 for additional gym times.

DROP-IN GYMNASTICS

Practice or play in the gymnastics center! A staff member is in the gym to supervise – this is not an organized class. Pay at the Front Desk – space is limited. **Call 303-409-2500**

ANNUAL FACILITY PASSES – A GREAT WAY TO \$AVE MONEY ON FUN & FITNESS!

Frequent users can save money with Annual Facility Passes valid at Lilley Gulch Recreation Center, Ridge Recreation Center, Peak Community & Wellness Center, Edge Ice Arena (depending on the package) and all outdoor pools.

PRICES AND AVAILABILITY ARE SUBJECT TO CHANGE WITHOUT NOTICE.

FACILITY ADMISSION MULTI-VISIT CARD DISCOUNTS

MULTI-VISIT CARDS offer discounted rates and can be used anytime! These cards are valid for:

- Climbing Wall (unsupervised)**
- Daily Facility Use**
- Group Exercise Classes**
- Public Skate Sessions**
- Water Exercise Classes**

EDGE ICE ARENA MULTI-VISIT CARD

- Drop-In Hockey/Stick & Puck – 12 visits: \$100**
- Freestyle Skate – 23 visits: \$160**

24 MULTI-VISIT CARD

	FEE	DISTRICT RATE
• YOUTH (up to Age 17)	\$96	\$73
• ADULT (Ages 18-61)	\$122	\$94
• SENIOR (Ages 62 & up)	\$109	\$84

12 MULTI-VISIT CARD

	FEE	DISTRICT RATE
• YOUTH (up to Age 17)	\$53	\$40
• ADULT (Ages 18-61)	\$68	\$50
• SENIOR (Ages 62 & up)	\$60.50	\$45

ANNUAL FACILITY PASS

	FEE	DISTRICT RATE
▶ INDIVIDUAL ADULT (Ages 18-61)		
<i>Lilley Gulch/Outdoor Pools</i>	\$279	\$249
<i>Peak/Ridge/Outdoor Pools</i>	\$369	\$319
<i>Peak/Ridge/LG/Edge/Outdoor Pools</i>	\$399	\$349
▶ ACTIVE OPTIONS PASS (Ages 62 & up)		
<i>Peak/Ridge/LG/Edge/Outdoor Pools</i>	\$270	\$235
▶ HOUSEHOLD (2 people)		
<i>Lilley Gulch/Outdoor Pools</i>	\$459	\$399
<i>Peak/Ridge/Outdoor Pools</i>	\$579	\$499
<i>Peak/Ridge/LG/Edge/Outdoor Pools</i>	\$639	\$559
ADDITIONAL FEE PER PERSON	\$59	\$49
(Applies to Household Pass ONLY)		

INCLUDED WITH **ADULT & HOUSEHOLD** ANNUAL FACILITY PASSES ONLY:

- ▶ **6 COMPLIMENTARY GUEST ADMISSIONS**
- ▶ **6 PUBLIC SKATE COMPLIMENTARY GUEST ADMISSIONS**
– valid at the Edge Ice Arena.
- ▶ **10% OFF MASSAGE SERVICES**
– valid at the Peak by reservation (call 303-409-2200).
- ▶ **2 COMPLIMENTARY BUCKETS OF RANGE BALLS**
– valid at the Meadows Golf Club & Foothills Golf Course.
- ▶ **1 COMPLIMENTARY ROUND OF GOLF ON PAR 3 COURSE**
– valid MON – THU at Foothills Golf Course.

3-MONTH FACILITY PASS

	FEE	DISTRICT RATE
INDIVIDUAL YOUTH (up to Age 17)		
<i>Peak/Ridge/LG/Edge/Outdoor Pools</i>	\$109	\$89
INDIVIDUAL ADULT (Ages 18-61)		
<i>Peak/Ridge/LG/Edge/All Pools</i>	\$129	\$99
HOUSEHOLD (2 people)		
<i>Peak/Ridge/LG/Edge/Outdoor Pools</i>	\$189	\$159
ADDITIONAL FEE PER PERSON	\$30	\$30
(Applies to Household Pass ONLY)		

In addition to our Annual & 3-Month Facility Passes, we offer Seasonal Passes shown below.

NOTE: These passes DO NOT include Land or Water Classes or Public Skate.

SEASONAL FACILITY PASS

	FEE	DISTRICT RATE
FAB FIT MIDDLE/HIGH SCHOOL PASS*		
<i>Peak/Ridge/LG (SEPT 1 – MAY 31)</i>	\$129	\$129
COLLEGE STUDENT WINTER BREAK PASS (MUST PROVIDE SCHOOL ID)		
<i>Peak/Ridge/LG (NOV 21 – JAN 14)</i>	\$49	
SUMMER FUN PASS		
<i>Peak/Ridge/LG & ALL Pools (MAY 1 – AUG 31)</i>		
• YOUTH INDIVIDUAL (up to Age 17)	\$89	\$69
• ADULT INDIVIDUAL (Ages 18-61)	\$109	\$89
• HOUSEHOLD (2 people)	\$219	\$169
• ADDITIONAL PERSON (Household Only)	\$30	\$30

* **FAB FIT MIDDLE/HIGH SCHOOL PASS** – Present your current Middle/High School ID for a reduced rate of \$18/month or \$129 for the 2011-2012 school year! Ages 15 and under, please ask or call for Cardio/Weight Room Age Guidelines.

YOUTH CARDIO/WEIGHT ROOM POLICY (AGES 9-15)

NOTE: YOUTH UNDER AGE 9 ARE NOT PERMITTED TO USE EQUIPMENT.
Get certified to use our cardio/weight rooms – easy as 1, 2, 3!

1. Pass the YOUTH CARDIO WEIGHT ROOM TEST
(Test is FREE and may be taken at any of our Facility Front Desks).
2. Submit a signed authorization waiver completed by parent or guardian.
3. Enjoy use of our facilities!

- Upon completion of Steps 1, 2 & 3, the following rules apply:
- ▶ **AGES 9 – 12:**
May use the Cardio/Weight Rooms WHILE UNDER SUPERVISION OF A PERSON AGE 15 OR OLDER.
 - ▶ **AGES 13 – 15:**
May use the Cardio/Weight Rooms independently.